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Various relationship gaps exist.

1. The spouse gap

<u>Genesis 2:18 (NLT)</u> - ¹⁸ Then the Lord God said, "It is not good for the man to be alone. I will make a helper who is just right for him [his opposite part]."

Relational Dysfunction is when we normalize unhealthy or destructive behaviors in others or ourselves

2. The friendship gap

Isolation doesn't solve the problem, it exasperates the problem and sets you up for addictive and dangerous behavior.

<u>Proverbs 27:6 (NLT)</u> - ⁶ Wounds from a sincere friend are better than many kisses from an enemy.

Choose your friends wisely.

<u>I Corinthians 15:33 (GNT)</u> – ³³ Do not be fooled. "Bad companions ruin good character."

<u>Proverbs 12:26 (TNB)</u> - ²⁶ The righteous person is cautious in his friendship, but the way of the wicked leads them astray.

<u>Proverbs 14:12 (NIV)</u> - ¹² There is a way that seems right to a man, but in the end, it leads to death.

3. The God gap

<u>Ecclesiastes 4:9-12 (NIV)</u> - ⁹ Two are better than one, because they have a good return for their work: ¹⁰ If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! ¹¹ Also, if two lie down together, they will

keep warm. But how can one keep warm alone? ¹² Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

When you try to make people meet the needs that only God can meet, you will place unsustainable burdens on your relationships. Only god can make you whole.