

Internal Affairs 3

November 10, 2013 | mediaatvictory.com

In this series:

1. Discover why we do what we do.
2. How to become healthy in our inward life
3. How to ensure that the internal mechanisms that govern our decisions are sound and healthy
4. How to remain hopeful while we fight through the process

Week One – You can't fix what you don't see.

Week Two – Why you do what you do.

Last week I talked about areas of my life and how I was blind to them.

- Maybe you are more like Michelle and lean toward the negative side of unhealthiness.
- Michelle's negativity was created through the abandonment of her father.
- She determined that she would simply never expect anything good and therefore never experience disappointment.
- Her negativity caused her to "project" on others what she believed about herself.
- The trauma **formed beliefs in her heart.**

Changing what **I believe** is my goal, not changing my **behavior**.

Michelle's **belief system** was couched in being a "realist."

Realism apart from truth is pessimism and brings destruction.

In the absence of the work of Jesus in our hearts, we will fill our lives with self-loathing, negativity, poor choices, destructive behaviors, and will damage our most intimate relationships.

He restores my soul!

Psalm 23:1-6 – ¹ The LORD is my shepherd, I shall not be in want. ² He makes me lie down in green pastures, he leads me beside quiet waters, ³ **he restores my soul.** He guides me in paths of righteousness for his name's sake. *NIV*

Restoration of the Soul Vs. The New Birth of the spirit

II Corinthians 3:15-18,4:1 - ¹⁵ But even to this day, when Moses is read, a veil lies on their heart. ¹⁶ Nevertheless when one turns to the Lord, **the veil is taken away.** ¹⁷ Now

the Lord is the Spirit; and where the Spirit of the Lord is, there is liberty. ¹⁸ But we all, with **unveiled face**, beholding as in a mirror the glory of the Lord, are **being transformed** into the same image from glory to glory, just as by the Spirit of the Lord. ^{4:1} Therefore, since we have **this ministry**, as we have received mercy, we do not **lose heart** (talk about next week). **NKJV**

“This Ministry” is referring to:

- Looking into the mirror of His Glory
- Being transformed into the image of His Glory
- Being changed by the “Power of His Spirit”

James 1:22-25 – ²² But be doers of the word, and not hearers only, deceiving yourselves. ²³ For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror; ²⁴ for he observes himself, goes away, and immediately forgets what kind of man he was. ²⁵ But he who looks into the perfect law of liberty and continues in it, and is not a forgetful hearer but a doer of the work, this one will be blessed in what he does. **NKJV**