


Habits of a Blessed Christian

Habit Defined:

An acquired behavior pattern regularly followed until it has become almost involuntary


✓ A habit is established when you are governed by your beliefs!

- Think
- Say
- Do



Sow a Thought, Reap an Action
Sow an Action, Reap a Habit
Sow a Habit, Reap Character
Sow a Character, Reap a Destiny!

**Steven Covey



The Greatest Long-Term Impact in Life Is Developing Character! What We Are Is More Important than What We Say! *Steven Covey*****

And not only *that*, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us. **Romans 5:3-5**



Habits Previously Covered:

- 1. They diligently spend time (Quality and Quantity) with the Father daily*

Matthew 6:33

But seek first the kingdom of God and His righteousness, and all these things shall be added to you.



	URGENT	NOT URGENT
IMPORTANT	I. Pressing Problems Crisis Deadlines Meetings (Necessities)	II. Time with God Preparation Planning Relationships Reading Exercising Organizing (Leadership)
NOT IMPORTANT	III. Requests Interruptions Phone Calls Popular activities (Deception)	IV. Trivia Time Wasters Activities to excess(TV) (Default/Escape) SAY NO!

Habits Previously Covered:

2. They consistently give Thanks and Praise for all that He has done and Worship Him regardless of their circumstances!

Hebrews 13:15

Therefore by Him **let us continually offer the sacrifice of praise to God**, that is, the fruit of *our* lips, giving thanks to His name.



Habits Previously Covered:

3. They feed their spirit by reading and listening to God's Word every day.

Matthew 4:4

But He answered and said, "It is written, '**Man shall not live by bread alone**, but by every word that proceeds from the mouth of God.'



Habits Previously Covered:

4. They strengthen and encourage themselves daily by meditating on God's Word.

Psalms 19:14

Let the **words** of my mouth and the **meditation** of my heart Be acceptable in Your sight, O LORD, my strength and my Redeemer.



Habits Previously Covered (started):

5. The Words They Speak are Governed by Their Faith in God's Word.

Luke 6:45

A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasure of his heart brings forth evil. For out of the abundance of the heart his mouth speaks.