

The purpose of God for our lives dies when we are fettered to yesterday.

Relationships, Conflict and the Pain that Traps Us to our Past

Unresolved Conflict is an anchor to the past.

Hebrews 12:15 - See to it that no one misses the grace of God and that no bitter root grows or, springing up, causes trouble and by this many become **defiled**.

We must not MISS THE GRACE that will enable us to overcome relational Conflict and Pain.

This GRACE provides the HUMILITY and ABILITY to move beyond CONFLICT, even UNRESOLVED CONFLICT.

Philippians 3:12-14 –

12 Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me.

13 Brothers, I do not consider myself yet to have taken hold of it. But ***one thing I do: Forgetting*** what is behind and ***pressing*** toward what is ahead,

14 I ***press on toward the goal to win*** the prize for which God has called me heavenward in Christ Jesus.

Until we learn to “Forget” what is behind, we will never be empowered to “Press” toward what is ahead!

We often get trapped in our pasts due to how we navigate and process pain *FROM PAST RELATIONSHIPS*.

The question of “How does a godly person deal with *UNRESOLVED CONFLICT FROM PAST RELATIONSHIPS*” must be answered.

Living in *pain* and *unresolved conflict* traps you in your past!

Colossians 3:12-13 –

12 Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

13 Bear with each other and forgive whatever grievances you may have against one another. Forgive ***as the*** Lord forgave you.

Romans 12:18 - If it is possible, as ***far as it depends on you***, live at peace with everyone.

Confrontation – Is both godly and needed if you are going to “Get Past your Past”!

Matthew 5:23-24 –

23 Therefore, if you are offering your gift at the altar and there remember that your brother has something against you,

24 leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift.

Unresolved Conflict will hinder your relationship with God.

When your walk with God is hindered, you are left to your own devices.

Matthew 18:15 - "If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over.

- When we don't go to the person who offended us, we will tell others and expect them to share our offence.
- We will resent those who don't borrow our offense or take our side.
- Don't spread your offense around like fertilizer or your life will start to smell like it.
- This is how a "Root of Bitterness" defiles many.
- You are responsible to tell the truth as you know it to the person who offended you.

You are the responsible to respect the boundaries that person's response demands.

- Healthy – They acknowledge their wrong and seek change
- Unhealthy – They justify their wrong and seek the status quo

The Grace of God provides the ability to forgive the "Healthy" and "Unhealthy" people in your life.

- Healthy – Ongoing relationship
- Unhealthy – Boundaries

Roxanne said – You can change and have a relationship or you can stay the same and have no relationship with your daughter or grandchildren.

- Forgiveness doesn't mean you must have a close and intimate relationship with the person forgiven.
- It means you have released them from their past offense and it no longer has power over your life, emotions, or thought life.
- The purpose of God for our lives dies when we are fettered to yesterday.