

# The Shape of You 2

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Did you know that Love has already won the battle for you? You don't need to fight a battle that has already been won for you.

God himself is shaped for relationships, and he designed the shape of you in his relational image. God is obsessed with having a loving relationship with you.

**Romans 8:31-32** - What then shall we say to these things? If God is for us, who can be against us? 32 He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?

The enemy wants you to deceive you about the goodness of God. The storm of relational pain is designed by the enemy to isolate us from God and each other. Don't reject the shape of you because of past experiences and be driven into isolation.

God desires for you us to have loving relationships with each another. God's plan for healthy relationships hasn't changed.

**Mark 10:6-9 (NIV)** - "But at the beginning of creation God 'made them male and female.' 7 'For this reason a man will leave his father and mother and be united to his wife, 8 and the two will become one flesh.' So they are no longer two, but one. 9 Therefore what God has joined together, let man not separate."

God made us needy. He designed those needs to be met primarily by our parents and our spouse. Unmet needs in these primary places creates devastating deficits that produce irreconcilable relational conflicts in our relationships. Only our relationship with God can meet our God need, and only our relationship with God can heal the brokenness and deficits of our past.

There are 3 primary areas of devastation that result from these deficits.

### 1. Marital

Deficits compel us to place unrealistic burdens and unsustainable expectations upon our marital relationships.

A great relationship is when two people who are on the journey of being made whole individually, love each other, understand each other, and cleave to each other, throughout the process. This is the hard work of marriage and all relationships.

## 2. Friendships

Unrealistic expectations over-burden relationships.

## 3. Career path

Inordinately seeking affirmation and approval externally will drive you into either depression or unhealthy, overly aggressive and unsustainable decisions.

When our relationship with God is established, we can enjoy life giving and healthy relationships with one another.