

Internal Affairs 4

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In this series:

1. Discover why we do what we do.
2. How to become healthy in our inward life
3. How to ensure that the internal mechanisms that govern our decisions are sound and healthy
4. How to remain hopeful while we fight through the process

Proverbs 13:12 - Hope deferred makes the heart sick, But when **the desire** comes, it is a tree of life. **NKJV**

- Hope: **The desire** is an expectation of good.
- Once you lose it, you will give up.

II Corinthians 4:16-18 - So we're not giving up. How could we! Even though on the outside it often looks like things are falling apart on us, on the inside, where God is making new life, not a day goes by without his unfolding grace. These hard times are small potatoes compared to the coming good times, the lavish celebration prepared for us. There's far more here than meets the eye. The things we see now are here today, gone tomorrow. But the things we can't see now will last forever. **The Message**

Proverbs 23:7 - For as a man **thinks in his heart, so is he.**

John 8:31-32 - Then Jesus said to those Jews who believed Him, "If you **abide (remain)** in My word, you are My disciples indeed. 32 And you shall **know the truth, and the truth shall make you free.**" **NKJV**

Truth doesn't **make you free**, but the **truth you know and believe** makes you free.

Lies don't make you bound, but the **lies you know and believe** imprison you.

When you believe **lies**, you fill your **emotional cup**.

When you believe **the truth**, you empty your **emotional cup**.

Most of us live to **manage our cup**, instead of learning to **empty it**.

Remember it is **the truth that makes you free**, not your effort.

Hebrews 6:13-20 -¹³⁻¹⁸ When God made his promise to Abraham, he backed it to the hilt, putting his own reputation on the line. He said, “I promise that I’ll bless you with everything I have—bless and bless and bless!”

Abraham stuck it out and got everything that had been promised to him. When people make promises, they guarantee them by appeal to some authority above them so that if there is any question that they’ll make good on the promise, the authority will back them up. When God wanted to guarantee his promises, he gave his word, a rock-solid guarantee—God *can’t* break his word. And because his word cannot change, the promise is likewise unchangeable.

¹⁸⁻²⁰ We who have run for our very lives to God have every reason to **grab the promised hope with both hands and never let go**. It’s an unbreakable spiritual lifeline, reaching past all appearances right to the very presence of God where Jesus, running on ahead of us, has taken up his permanent post as high priest for us, in the order of Melchizedek.