

**Isaiah 9:6**  
For to us a child is born,  
to us a son is given;  
and the government shall be upon his  
shoulder,  
and his name shall be called  
Wonderful Counselor, Mighty God,  
Everlasting Father, Prince of Peace.

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Be anxious, fret, be concerned, be  
troubled, agonize, lose sleep, be  
bothered, concern, apprehension,  
anxiety, fear, care, uneasiness, disquiet,  
discomfort, unease, nervousness.

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***What this does to us:*** steals your  
peace; undermines your  
confidence; consumes your  
thoughts; steals your energy and  
paralyzes you.

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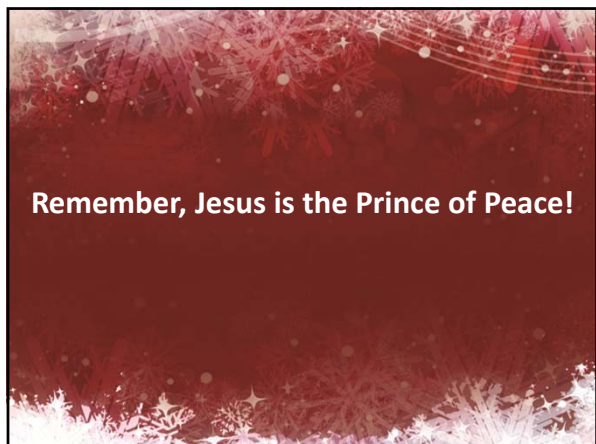
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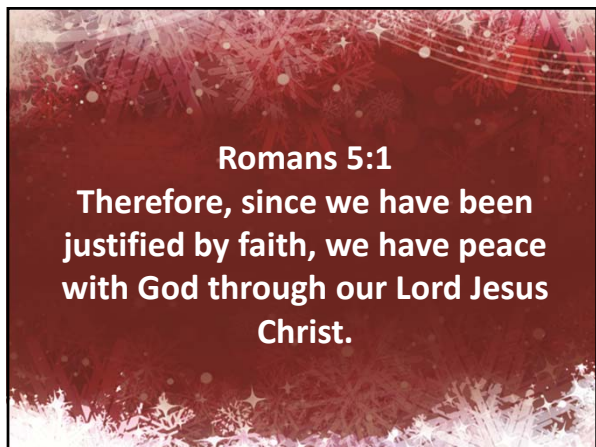
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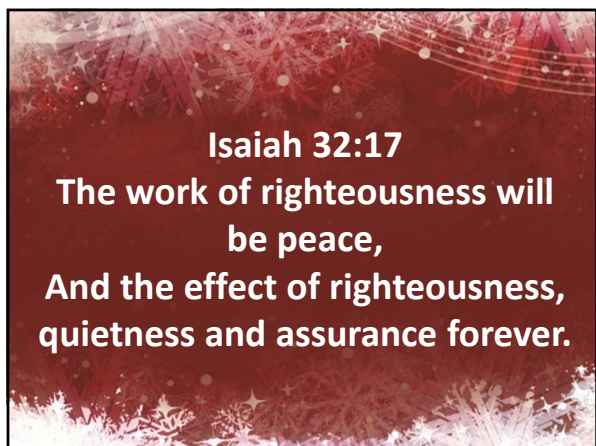
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**Philippians 4:6**  
**Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.**

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**Philippians 4:7**  
**Then you will experience God's peace, (When will you experience God's peace?) which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.**

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**Philippians 4:8-9**  
**And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me-everything you heard from me and saw me doing. Then the God of peace will be with you.**

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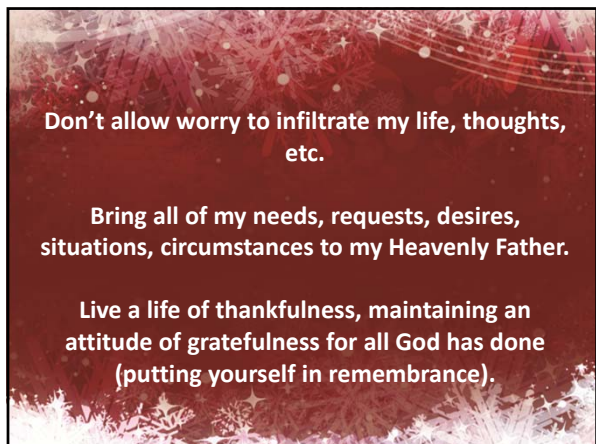
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