

All of our lives have an impact or a “Domino Effect.”

Today, I want to talk about the “Power of One” and how you matter as an individual.

2 Sources of Encouragement

1. God to you personally

Isaiah 43:1-2 – **1** But now, thus says the LORD, who created you, O Jacob, And He who formed you, O Israel: "Fear not, for I have redeemed you; I have called you by your name; You are Mine. **2** When you pass through the waters, I will be with you; And through the rivers, they shall not overflow you.

When you walk through the fire, you shall not be burned, Nor shall the flame scorch you.

- **David was being pursued by King Saul**
- **He lived in exile for 16 months in Ziklag with his wives, sons, and his 600 men and their families.**
- **They leave to go to war against Israel, joining with the Philistines in battle, but are told to turn back.**
- **When they arrive in Ziklag, the Amalekites had raided their village and taken all of their families away as slaves.**

I Samuel 30:6 – David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. But David found strength and **encouraged himself** in the LORD his God.

- Sometimes you will have to encourage yourself in God!
- Jesus went apart to be alone after John was beheaded
- While there will always be times when it will be you and God, it should be the exception!
- We need one another.
- Could you not tarry an hour?

Mark 14:32-37 – **32** They went to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray." **33** He took Peter, James and John along with him, and he began to be deeply distressed and troubled. **34** "My soul is overwhelmed with sorrow to the point of death," he said to

them. "Stay here and keep watch." **35** Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. **36** "Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will." **37** Then he returned to his disciples and found them sleeping. "Simon," he said to Peter, "are you asleep? Could you not keep watch for one hour?"

We are members one of another. (I Corinthians)

2. God through Others

II Corinthians 1:3-4 – **3** Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, **4** who comforts us in all our troubles, so that ***we can comfort*** those in ***any trouble*** with the comfort we ourselves have received from God.